



October 2018

जिसने न कभी आराम किया
विद्वानों में रह कर नाम किया।
रामधारी सिंह दिनकर

Manthan

monthly school bulletin



Prabhu Tara School

Volume 2

By Kusum Kumari, Std. V

From desk

Real Challenges Ahead.

Dear students, I am not going to scare you about the black days we are going to face in coming years but reality cannot be denied. The real challenge we are going to face is not the different forms of violence we are seeing around us. It is also not the corruption spreading in the every walk of life. It is not the degradation of the social and family values we are facing almost everyday but it is related to our survival. We are safe and protected till the environment is safe. We can survive only if mother nature survives. See and think what is happening around us. We are recklessly cutting the trees in the name of development. We are turning the farm land into a smart city. Big factories and wide lanes are coming up on the farmland. Rampant use of fertilizers and chemicals in farming has its own toll. Have we ever thought about the effect of climate change we are facing everyday? People are suffering from pollution related diseases. Every year thousands of wells, ponds, tube wells are drying up. There is depletion of water

level and it leads to acute scarcity of water everywhere. Something has to be done and not at big level but at the individual level. Think how we could bring greenery in our surroundings. How water harvesting could be done but before that how could we apply full break on wastage of water. What methodology could be applied for avoiding pollution generating vehicles, home appliances and apparatus. Think about the nature before start thinking about yourself. Secure your future. Work in present to make future perfect.

Village favourite play – Gilli Danda

By Vaibhav, student.

Gone are the days when our forefathers used to entertain themselves with the local tools available there during their childhood. I remember my village games when I see the children living in towns and cities suffering from the screen addiction. They prefer to stick with T.V, mobile and computer inside their homes. They hardly think about going outside for play and entertainment. Till few years back, the play hit and run, gilli danda, lattu and marbles and sting jumping were the sources of entertainments for small children. Gilli

danda was my favourite one. I like it because it involves no money at all. One big stick called danda and another small one having sharp edges on both the sides known as gilli are the only sports items through which a group of five to six children could easily play. The player has to hit the end side of the GILLI so that it could jump in the air and thereafter it is to be hit by the DANDA so that it could move as far as possible. If you miss the hit you lose the point. Many people see it as the copy of the cricket. More research has to be done which came first GILLI DANDA or cricket. I came to know that this game is not played in India only but it is an international game widely played in Bangladesh, Afghanistan, Nepal, Pakistan, Cambodia, Turkey and also in Italy. It is almost obsolete now because of the space crunch and moreover it is not considered as a standard game. Like other games, a little carelessness can cause eye and head injuries to the children playing the game. They should not be in front of the hitting line. I am hopeful of the day when the children return to LITTI CHOKHA from the burger and pizza, they will also start playing gilli danda instead of video games.



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Vacation holidays!

What to do?

1. Dispose of all pending work.
2. Learn some creativity from the waste material.
3. Visit a place of interest.
4. Find someone if he / she needs any help.
5. Tell the people to respect and save the nature.

Disclaimer: The school management is not responsible for the views shared by individuals in this school booklet

Science Exhibition

An impressive science exhibition was organised in the school campus on September 8, 2018. Students were excited to present their science models. Md Ehshan Ali and Mr Vikash Kumar actively encouraged and helped students to present their science models. Other students were equally excited

to see the models presented by their classmates. They were found asking various questions related to the projects. The participants also tried their best to satisfy their queries. They get appreciation from the teachers. The poster exhibitions displaying various scientific theories

also caught the attention of the visitors. The telescope was the centre of attraction.



Campus Activities

हिन्दी दिवस

प्रत्येक वर्ष की भांति इस वर्ष भी 14 सितम्बर 2018 को हिन्दी दिवस के अवसर पर विद्यालय प्रांगण में कवि सम्मेलन का आयोजन किया गया। विद्यालय के प्रधानाचार्य श्री मनोज कुमार उपाध्याय ने कवि सम्मेलन में आये हुए अतिथियों सर्वश्री कमल नयन श्रीवास्तव, कवि श्री घनश्याम, कवयित्री श्री मती अराधना प्रसाद, कवि श्री मधुरेश शरण, पत्रकार श्री प्रभात धवन, डा. सुनील कुमार उपाध्याय एवं श्री ब्रजेश पांडेय का पुष्प-पौधा प्रदान कर स्वागत किया। कवि सम्मेलन में विद्यालय के छात्र/छात्राओं में मो. सरफराज, प्रिती कुमारी, अवन्तिका, नैतिक राज, श्रुति कुमारी, शिल्पा कुमारी, वैभव, मो. तवसीर आलम, दिव्या किशोर, आर्या एवं वेनिस की कविताओं ने स्पष्ट कर दिया कि आज की पीढ़ी कितनी दूर तक सोचती है। इस अवसर

पर पूर्व शिक्षिका निशात अख्तर की कविता 'अपनी गलतियों पर कोई शर्मसार नहीं है, 'इंसान को इंसान पर एतबार नहीं है' तथा पूर्व छात्रा स्नेहा सूरी की 'न जाने हम कब बड़े हो गए, पल पल के हसीन यादों के परे हो गए' ने श्रोताओं को वर्तमान समाज और समय से रूबरू कराया। सम्मेलन में आये हुए अतिथि कवियों ने भी अपनी उत्कृष्ट रचनाओं से श्रोताओं से खूब वाहवाही बटोरी। श्री ब्रजेश पांडेय द्वारा कवि सम्मेलन के संचालन ने सभी को घंटों बांधे रखा। श्री मधुरेश शरण की 'हसरत भरी निगाहें उठती हैं बार-बार, कब से कर रहा है दिल तेरा इंतजार', श्रीमती अराधना प्रसाद की 'फूल खुशबू कि कभी जन्म की परी होती है, बेटे माँ-बाप के सपनों की लड़ी होती है', के साथ-साथ विद्यालय शिक्षिका श्रीमती बिमला कुमारी की 'प्रभु तारा की इस आंगन में जगमग ज्योत जले' कविता आधारित गीत को सभी ने एक स्वर से सराहा।

डा. सुनील कुमार उपाध्याय की भोजपुरी कविता 'दिल में दे के कसक, कोई जा ला खसक' ने सभी को खूब हँसाया। अंत में श्री ब्रजेश पांडेय की कविता छोटे-छोटे जंगल शहरों से लड़कर भाग रहे हैं' के उपरांत श्री कमल नयन श्रीवास्तव के संबोधन के साथ सम्मेलन की समाप्ति की घोषणा की गयी।

रामधारी सिंह दिनकर जयंती

दिनांक 23 सितंबर 2018 को विद्यालय परिसर में रामधारी सिंह दिनकर की 111वीं जयंती मनायी गयी जिसमें वर्ग आठ के विद्यार्थियों ने उनके जीवन के विभिन्न पहलुओं को दर्शाया। इस अवसर पर रश्मि रथि की कृष्ण संवाद की नाटकीय प्रस्तुति ने तो सबको झकझोर दिया।

हिन्दी दिवस पर मेरी कविता

वो बचपन लौट आए



स्नेहा सूरी, पूर्ववर्ती छात्रा

इन तंग भरी गलियों में
कोई गुमी हुई आजादी ढूँढ लाये
कुछ दिनों के लिए ही सही
काश! वो बचपन फिर से लौट आये।
वो सुबह उठकर लेट स्कूल जाना
दोस्तों से मिलना और बातें करना
एक - दूसरे से लड़ना, फिर मनाना
पढ़ाना प्यार से टीचर का
और उनसे डांट खाना।
समय के साथ बदल गया सब कुछ
न जाने कब हम इतने बड़े हो गए
बचपन के हसीन यादों के परे हो गए
नयी दुनिया, नयी जिम्मेदारियों के बीच खड़े हो गए।
कल तक इन धूल भरी गलियों और घर में रहना
अब दोपहर से रात तक बाहर समय बिताना
सलेबस का बरडेन और प्रेसर से नींद न आना
अब न जाने ये जिंदगी कहीं ले जाये
कुछ दिनों के लिए ही सही
काश! वो बचपन फिर से लौट आये।

भारत में है कितनी बेरोजगारी



शिल्पा कुमारी, छात्रा

देखो फ़ैली ये कैसी महामारी है
भारत में है कितनी बेरोजगारी।
युवा वर्ग हैं कितने निराश,
रोजगार का नहीं है आस,
जिन्दगी न आ रही इनको रास,
नशे को बनाया इन्होंने खास।
चलाया गया कितना अभियान,
फिर भी न हुआ इनका कल्याण,
पढ़-लिखकर भी कुछ न कर पाते हैं,
अपने में ही सिमट कर रह जाते हैं।
फेस बुक, ट्विटर, इंस्टाग्राम का है इनको नशा,
मोबाइल में ही इनका जीवन बसा,
सभी युवाओं की यही बीमारी है,
देखो फ़ैली ये कैसी महामारी है,
भारत में है कितनी बेरोजगारी।

इन्सान को इन्सान पर एतबार नहीं है निसाद अख्तर, पूर्व शिक्षिका

इन्सान को इन्सान पर एतबार नहीं है,
दिलों में छल-कपट है, अब प्यार नहीं है,
सब हैं मगन अपने ही काम में,
कोई यहां बेकार नहीं है।
इन्सान को इन्सान पर एतबार नहीं है,
दोस्त बन जाता है पल में, हर मुलाकाती
पर असल दोस्त की पहचान नहीं है,
सबकी जोरी है हाथ में उपर वाले के
खुद अपना कोई मुख्तार नहीं है।
इन्सान को इन्सान पर एतबार नहीं है,
सबको एक कर लें, और मिला दें,
ऐसा कोई मंतर या कोई हथियार नहीं है,
एक प्रेम की डोर थी, वो भी छूट रही है,
अब किसी के लिए कोई बेकशर नहीं है।
इन्सान को इन्सान पर एतबार नहीं है,
मिलने को तो अब भी मिलते हैं तपाक से,
पर अब वो पहले वाली गुफ्तार नहीं है,
बह जाए आँखों से एक साथ,
इन आँसुओं की कोई रफ्तार नहीं है,
इन्सान को इन्सान पर एतबार नहीं है।

मंजिल मिले ना मिले ये तो मुकद्दर की बात है!
हम कोशिश भी न करें ये तो गलत बात है.....
हरिवंशराय बच्चन

My Experience

Being a teacher

Benish

A day before the Teacher's Day, our school gave assignments to each one of us to teach at least 4 periods in different classes. The teachers of their respective periods were to watch and give their remarks on our teaching ability. It was not a hard one but not easy too. I and my classmates got a golden opportunity to experience a teaching job - a life lived by our respected teachers. The way they teach us, the way they support us and the way they treat us, we got the chance to experience all these. I choose Tejeswani, my classmate as partner and went to take

second period in class V. The period was of drawing. I drew a painting on the white board and told students to draw it in their drawing copies. At first they were not interested but after some persuasion they drew beautiful drawings. In the next period we went to teach in class VII. It was easier than the previous one as they were senior students. They were sincere and answered almost all questions very well. I taught them the topic 'WATER' and they understood it very well. We took next periods in class II and it really made me nervous as they were famous for shouting and not ready to listen but I taught them in a playful manner and they became happy with my teaching style. I got physically and mentally exhausted and

realized quantum of labour and effort our teacher has to make everyday. It was really a tough job and very difficult to control the students.

Do Yo know?

Bihar has 37.3% fewer teachers than it needs in elementary school and it is short of 2,78,602 teachers according to the RTE criteria.

*I love those who can smile
in trouble...*

Leonardo da Vinci

Think Tank

Teacher's Day Celebration

By Shilpa Kumari

Every year we celebrate Teacher's Day. This year also senior students organised the event on 5th September 2018 in the school campus. We were very much excited on this day. The programme started a bit late as so many things had to be arranged. I first took the blessings of all teachers before taking the seat. Mr Mumtaz Ali, former Principal of this school was the chief guest. Mr Manoj Kumar Upadhyay, Principal gave a welcome speech. Almost all teachers spoke on this occasion on different topics given to them as this year teachers were not required to do different activities like previous year. Mr Mumtaz Ali also gave an inspirational speech. He formally launched the monthly news bulletin 'MANTHAN' of this school on this occasion. In his speech, he praised the

culture and environment of the school and the teachers who were dedicated for the development of the students. The anchors in the first part were Bhakar and Vaibhav and in the second part Divya and Riya conducted it. They anchored the programme in a very good manner. The students presented different cultural programme like singing and dancing. Students enjoyed a lot on the dance performed by students. And at the end, it was the time for PAV BHAJI, favourite of foodaholic.

Festivals, the way we see.

Every festival has religious as well as scientific importance. It gives us an opportunity to keep our surroundings neat and clean. It is the time to bring purity in our body and mind by observing fast and by meditation. The

reciting of Mantra brings positive energy and drives out negative energy. It is also one of the way to

For social cause

maintain social bonding. But many people do not understand it. Sound pollution during the festival reaches at alarming level causing adverse impact on the sick, the old and children. The immersion of idols in the river has devastating effect on marine life. Adulterated food items specially sweets are common during festivals. Traffic problems during festivals due to erection of puja pandals on the roads leads to immense hardship to commuters.

Finding the best school in nature

By: Cheryl Mukherji, Photographer & Writer



This beautiful eco-school in the Himalayas inspires a different way of learning through sustainable living.

My most humbling experiences have involved immersing myself in different ways of living. Recently, I spent time at the [Students' Educational and Cultural Movement of Ladakh \(SECMOL\)](#), an eco-school situated near the remote village of Phey, peacefully nestled in the Indus Valley of the Himalayas. Upon arriving, I was greeted with a friendly "Julley!", and shown around the campus by girls who would point out their favourite spots to read or catch up with friends, alongside insights into the pleasant weather. I felt like I had found a home where I least expected. SECMOL was started by a group of young Ladakhis with the aim of reforming Ladakh's education system.

Life Sketch

The school's vision is explained through what they've termed as the three 'H's of education - 'Bright Head, Skilled Hands, and Kind Heart' - which highlights the value of an education system devoid of rote learning. After spending a week with the SECMOL community, I was in awe of how efficiently students divide time between work, play, and classes. Apart from accomplishing daily chores of cleaning the campus, whilst helping to cook and serve meals, the students grow their own vegetables and rear cattle. They also do their bit to promote sustainable development by using biodegradable products and appliances powered by solar energy. What I experienced at SECMOL refined me as a person.

Extra curricular Activities

Winners

- Folk Dance (Group) competition** - Teacher-in-charge : Miss. Anjuman Akhtar - Winner - Gr-B Samiksha, Deepti, Simran & Avantika. Class VII
- Singing Competition**— Teacher in charge :Mr. Prashant Kr. Pandey — Winner - Benish
- Dance (Group)** —Teacher in charge: Miss Zeba Jamal —Winner —Abhay, Simran, Shlok and Avantika. Std.VII

- Solo Dance competition**— Teacher-in-charge —Miss Anjuman Akhtar —winner—Sameer Kumar Mishra, Std. VIII
- Speech competition**—Teacher – in-charge - Miss Bhanu Priya— winner—Md Tabsir Alam
- SHRUTI LEKH competition**— Teacher in charge — Mr M.K.Upadhaya—winner— Shruti Kumari

Radio Show

An impressive radio show was pre-

sented by the students in which interview of English teacher Mr Prashant Kumar Pandey by Simran and Kaushik, Group song by Simran, Shilpa and Jiya, a short play by Manyata, Shashank Mohan, Kaushik and Shashank, quiz by Ashish Gaurav, Solo song by Jiya Rani, news by Jiya and Manyata, Life sketch of our former Prime Minister Mr Atal Bihari Vajpayee were the main centre of attraction. Shashank and Shilpa anchored the programme.

All India Radio was established in 1930

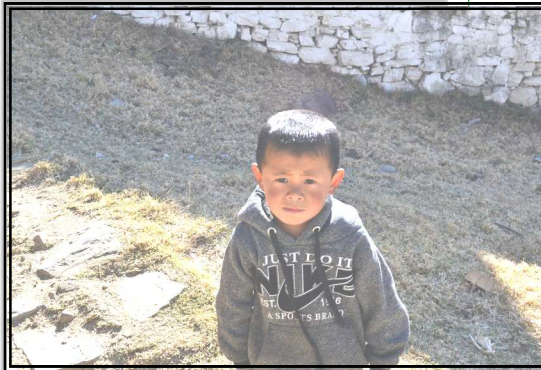
Best attendance from April to September 2018

S.N. Class Name Days of absence

1.	Std. VIII Shruti Kumari	1
2.	Std. VII Sharvi Raj	4
3.	Std. VI Arti Kumari	2
4.	Std. V Dristi Kumari	2
5.	Std. IV Archana Vijay	2
6.	Std. III Raunak Raj	3
7.	Std. II. Aman Kumar	4
8.	Std. I Anamika Sinha	2
9.	Std. UKG Ankush Kumar	9
10.	Std. LKG Ashutosh Prakash	4
11.	Std. Nur. Shiksha	2
12.	Divya Bharti	1
13.	Aman Kumar 1	2

Assembly News:

Assembly in this month was more vibrant and colourful as students learnt



how to make their presentation effective. They prepared their assignments

well in advance. Many activities like birth anniversaries, important days and class work projects were presented in the dramatic way.

Students realized that missing the morning assembly was like missing the important lesson of the day. The HINDI KAVITA—LAL TAMATAR LAL TAMATAR and MACHALI JAL KI RANI recited by tiny tots entertained the students very much but

now time has come to change the trend.

Current Affairs

29.09.2018 The Supreme Court of India has allowed the entry of women into the Sabarimala Ayyappa temple in Kerala. Union Railway Minister Piyush Goyal has launched the 'Rail Heritage Digitisation Project' of Indian Railways in collaboration with Google Arts and Culture Association.

27.09.2018 The Supreme Court of India has struck down a 158-year-old penal provision in the Indian Penal Code that made adultery a criminal offence.

26.09.2018 The five-judge Constitution Bench of the Supreme Court headed by CJI Dipak Misra upheld the constitutional validity of Aadhaar Act, 2016.

26.09.2018 The Supreme Court of India has allowed live streaming and video recording of court proceedings across the country

26.09.2018 Ibrahim Mohamed Solih wins Maldives Presidential Election 2018

25.05.2018 Sikkim's first-ever airport was inaugurated by Indian Prime Minister Narendra Modi on September 24, 2018 at Pakyong

24.09.2018 Prime Minister Narendra Modi on September 23, 2018 launched the flagship scheme 'Pradhan Mantri Jan Arogya Yojana' (PMJAY), also known as Ayushman Bharat or the National Health Protection Mission.

03.09.2018 The Indian Prime Minister, Narendra Modi on September 1, 2018 launched the India Post Payments Bank (IPPB) at Talkatora Stadium in New Delhi.

Volleyball Rules

- 6 players on the floor at any one time - 3 in the front row and 3 in the back row
- Maximum of 3 hits per side
- Points are made on every serve for winning

team of rally (rally-point scoring).

- Player may not hit the ball twice in succession. (A block is not considered a hit.)
- Ball may be played off the net during a volley and on a serve.
- A ball hitting a boundary line is in.
- A ball is out if it hits an antennae, the floor completely outside the court, any of the net or cables outside the antennae, the referee stand or pole, the ceiling above a non-playable area.
- After the serve, front-line players may switch positions at the net.
- The overall measurements for a Volleyball court is 60 feet by 30 feet. Each side of the court is therefore 30 feet by 30 feet in size.